## Preventativo 8 C

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Preventative & Corrective Posture Seating



# ergoFIX

## Ergonomically designed, anatomically correct.

Working in partnership with Ergonomic specialists, Physiotherapists and DSE assessors, ergo<sup>TIX</sup> is **the** definitive ergonomic office seating collection, value engineered to provide positive, preventative and corrective solutions to posture issues at home and in the workplace.

ergoFIX recognises the necessity for superior, variable and flexible support.

This in turn leads to a healthier, happier and more productive working environment.



	(	
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ergoF	XMe	12 - 17
ergoF	XSolo	18 - 23
ergoF	XAuto	24 - 29
ergoF	XAccessories	30 - 35

## "Musculoskeletal (MSK) conditions are the biggest cause of working days lost in the UK after coughs

### and colds." Public Health England June 2019

MSK Conditions affect the joints, bones, muscles and also include rarer auto-immune diseases and back pain.

#### MSK conditions affect over 14.9 million people nationally

many of whom have symptoms of pain, stiffness, limited movement and disability affecting their quality of life and independence. Public Health England June 2019

#### The NHS alone spend over £5 billion annually

in treating and supporting people with MSK conditions. Public Health England June 2019

#### In 2017, MSK conditions were the biggest cause of sickness absence which accounted for over 28 million days lost in work (22.4% of total sickness absence). This cost the UK an estimated £7 billion a year. Public Health England June 2019

#### Musculoskeletal conditions are commonly linked with depression

and increase the risk of developing other chronic conditions. WHO (World Health Organisation) November 2019





### Protecting natural resources. Preventing pollution. Reducing waste.

We strive towards continual improvement in our environmental performance and endeavour to minimise the scale of our adverse impact on the environment by setting, implementing, monitoring and reviewing environmentally conscious operational objectives and targets.

Recognising the long term benefits to our business and our customers we are committed to taking an active part in protecting natural resources, preventing pollution and reducing waste.



QR Code Scanning

Adding QR Codes which allow users to access unbranded operating and assembly instructions has resulted in a reduction of printed sheets of paper, totalling approximately 50,000 less printed sheets per year!



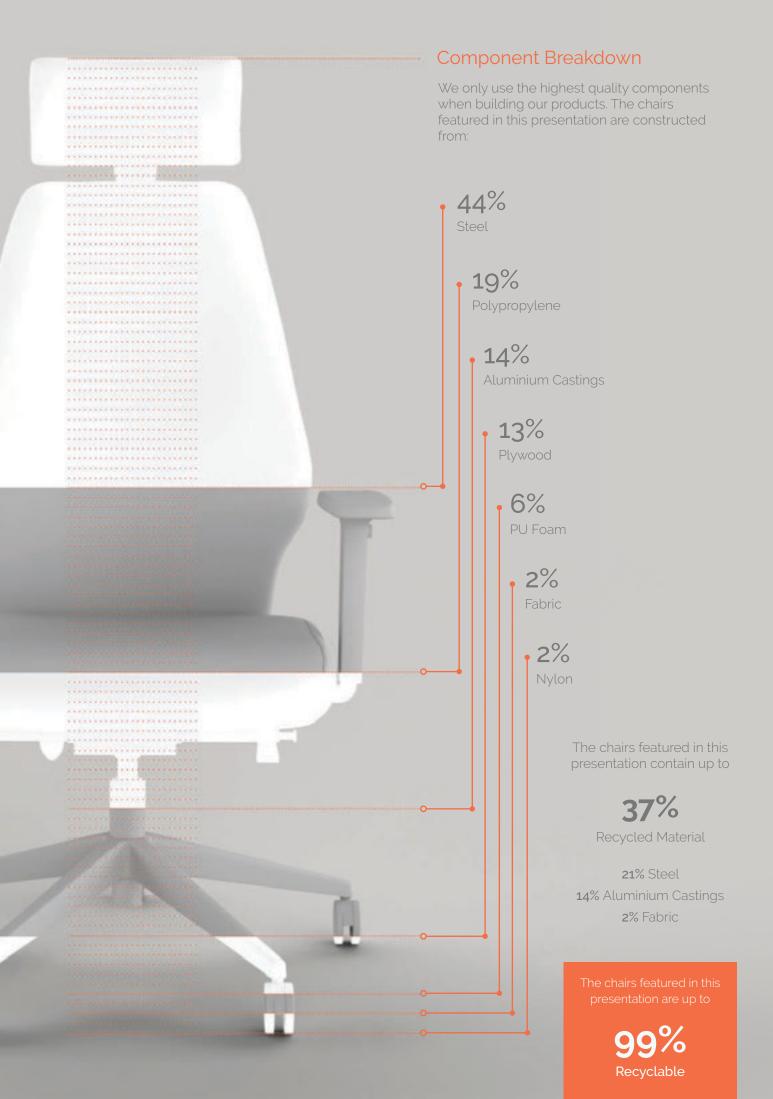
#### Continual Improvement

We continually strive for environmental excellence, changing and creating processes to help us lower our carbon footprint. We are delighted to say that our BSI ISO:14001 accreditation has been successfully renewed.



#### Glue-less Technology

We have developed and enhanced our manufacturing techniques, enabling us to build our upholstered swivel chair backs with an E-badge, resulting in the product becoming totally glue-less.



## ergo**FIX**Intro

#### Back To Basics.

The ergoFIXIntro range consists of four ergonomic models that offer an affordable solution to posture seating for petite, regular and larger users.

The ergoFIXIntro range is all centred on the same volume specified, heavy duty 3-lever mechanism.

Infinitely lockable and highly adjustable, this robust mechanism comfortably supports users of up to 150KG and the range now comes with a seat slide as standard.

A choice of backrests including inflatable lumbar supports allow you to select the optimum fit for the size and shape of a specific user.

Optional extras can then be added, tailoring the chair to suit.



#### Available Models









IT150

IT175

IT175HR

IT250

IT250HR



#### Specification Overview

Heavy duty 3 lever mechanism Independent seat and back angle adjustment Adjustable body tension control Seat slide - 50mm travel Ratchet back height adjustment Waterfall seat Four backrest options Inflatable lumbar support Three seat options Ergo-density foam



IT350



IT350HR



IT450



IT450HR









Back Height

Back Angle

Seat Angle

Seat Depth

Lumbar Support Arm Adjustment



#### 1. Headrest (HR)

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.



#### 5. Air-Flo Seat Cell (ASC)

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce Sciatic pain.



#### 2. Inflatable Thoracic Support (ITC)

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.



#### 6. Performance Seat Foam (PF)

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.



#### 3. Inflatable Lumbar Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.



#### 7. Seat Slide

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.



#### 4. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



#### 8. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



Height Adjustable Arms (AA1D)



Height and Depth Adjustable Arms (AA2D)



9. Adjustable Arms

Height and Foldaway Adjustable Arms (AF)



Multi-Functional Adjustable Arms (AMF)

#### PHYSIOTHERAPIST APPROVED

Gilly Fairhurst - BSC (hons) Physiotherapy, Member of APOCHE, Level 1 DSE Training.

"Working in partnership to address posture issues and provide positive preventative and corrective solutions."











IT150 Petite



IT175

**Regular Upholstered** 



IT175HR

**Regular Upholstered** With Headrest



IT250

Regular



#### IT250HR

Regular With Headrest

Moulded High Back.

Upholstered Headrest.

Medium Seat. Inflatable Lumbar Support.

Seat Slide 50mm.

Moulded Medium Back.
Small Seat.
Inflatable Lumbar Support.
Seat Slide 50mm.

SH: 450 - 580mm SW: 490mm SD: 440 - 490mm BH: 450 - 530mm BW: 440mm

RRP Group 1: £269 RRP Group 2: £278 RRP Group 3: £285 RRP Group 4: £295 RRP Group 5: £311 RRP Group 6: £321

Upholstered Medium Back. Small Seat. Inflatable Lumbar Support. Seat Slide 50mm.

Upholstered Medium Back. Upholstered Headrest. Small Seat. Inflatable Lumbar Support.

Moulded High Back. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm. Seat Slide 50mm.

SH: 450 - 580mm	SH: 450 - 580mm	SH: 460 - 590mm	SH: 460 - 590mm
SW: 490mm	SW: 490mm	SW: 530mm	SW: 530mm
SD: 440 - 490mm	SD: 440 - 490mm	SD: 470 - 520mm	SD: 470 - 520mm
BH: 520 - 600mm	BH: 520 - 600mm	BH: 560 - 640mm	BH: 560 - 640mm
BW: 450mm	BW: 450mm	BW: 480mm	BW: 480mm
	HR: 175 x 300mm		HR: 175 x 300mm
RRP Group 1: £319	RRP Group 1: £379	RRP Group 1: £289	RRP Group 1: £349
RRP Group 2: £333	RRP Group 2: £393	RRP Group 2: £298	RRP Group 2: £358
RRP Group 3: £345	RRP Group 3: £405	RRP Group 3: £305	RRP Group 3: £365
RRP Group 4: £361	RRP Group 4: £421	RRP Group 4: £315	RRP Group 4: £375
RRP Group 5: £382	RRP Group 5: £442	RRP Group 5: £331	RRP Group 5: £391
RRP Group 6: £413	RRP Group 6: £473	RRP Group 6: £341	RRP Group 6: £401

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

#### **Select Your Arms**

#### Select Your Extras

Although pictured above with arms, all models are despatched with no arms as standard.		The extras below are compatible with all models in the range unless otherwise stated.			
Code	Description	RRP	Code	Description	RRP
/AA1D	Height adjustable arms	£39	/ITC	Inflatable thoracic support	£32
/AA2D	Height and depth adjustable arms	£45	/PF	Performance foam seat	£18
/AF	Height and foldaway arms	£60	/ASC	Air-Flo seat cell - for pressure sensitive movement	£42
/AMF	Multi-functional arms	£65	/CC	Coccyx zone	£18
			/AB	Polished base	£42



IT350 Regular Deluxe

Upholstered High Back. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 460 - 590mm SW: 530mm SD: 470 - 520mm BH: 480 - 660mm BW: 500mm

 RRP Group 1: £369

 RRP Group 2: £383

 RRP Group 3: £395

 RRP Group 4: £411

 RRP Group 5: £432

 RRP Group 6: £463



#### IT350HR

Regular Deluxe With Headrest

Upholstered High Back. Upholstered Headrest. Medium Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 460 - 590mm
SW: 530mm
SD: 470 - 520mm
BH: 480 - 660mm
BW: 500mm
HR: 175 × 300mm
HR: 175 × 300mm
RRP Group 1: £429
RRP Group 2: £443
RRP Group 3: £455
RRP Group 4: £471
RRP Group 5: £492
RRP Group 5: £492
RRP Group 6: £523



#### IT450

Large Deluxe

Upholstered High Back. Large Seat. Inflatable Lumbar Support. Seat Slide 50mm.

> SH: 490 - 630mm SW: 570mm SD: 520 - 570mm BH: 590 - 670mm BW: 500mm

RRP Group 1: £405 RRP Group 2: £419 RRP Group 3: £431 RRP Group 4: £447 RRP Group 5: £468 RRP Group 6: £499



#### IT450HR

Large Deluxe With Headrest

Upholstered High Back. Upholstered Headrest. Large Seat. Inflatable Lumbar Support. Seat Slide 50mm.

SH: 490 - 630mm
SW: 570mm
SD: 520 - 570mm
BH: 590 - 670mm
BW: 500mm
HR: 175 × 300mm
RRP Group 1: £465
RRP Group 2: £479
RRP Group 3: £491
RRP Group 4: £507

RRP Group 5: £528

RRP Group 6: £559

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

#### Select Your Delivery

 Mease select bis your product to be delivered

 Code
 Description
 Price

 Included in price
 Included in price

 / DEL1
 Boxed Delivery - NOT time specific (Delivered direct to end user)
 £18

 / DEL2
 Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)
 £25

 / DEL3
 Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)
 £35



#### The One-Chair-Fits-All Solution.

With an incredible range of back height and seat depth adjustments, ergoFIXMe is the ideal project solution for clients who wish to ergonomically seat numerous bodies in the same style chair.

ergoFIXMe provides adjustments that adapt the chair to suit users of all sizes, by utilizing a twin seat slide system, ratchet back height adjustment and a choice of multi-functional arms.

The versatility of the range is further enhanced by a choice of three backrests.

ergoFIXMe reduces the need for replacement chairs and provides a one-stop chair solution for Facility Managers.



#### Available Models











ME150

ME150HR

ME450

ME550

ME550HR

#### Specification Overview

Heavy duty 3 lever mechanism Independent seat and back angle adjustment Adjustable body tension control Integral twin seat slides - 125mm travel Ratchet back height adjustment Inflatable lumbar support Three ergonomic backrest options Flex-front posture seat Ergo-density foam

#### Features

### ergo**FIX**Me

Moulded, mesh or fully upholstered backrest

Lumbar support control pump

ergonomic adjustable

Secondary 75mm seat slide

Independent back angle adjustment

Independent seat angle adjustment

> Seat height adjustment



















Seat Height

Back Height Back Angle

Seat Angle

Seat Depth

Lumbar Support Arm Adjustment



#### 1. Headrest (HR)

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.



#### 5. Performance Seat Foam (PF)

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.



#### 2. Inflatable Lumbar Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.



#### 6. Twin Seat Slide

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.



#### 3. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



#### 7. Flex-Front Seat

Proven medical scanning has been used to show that using the forward tilt motion can lead to increased muscle activity in the stomach, hip and back areas.



#### 4. Air-Flo Seat Cell (ASC)

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce Sciatic pain.



#### 8. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



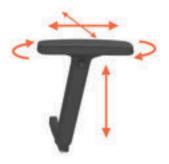
Height Adjustable Arms (AA1D)



Height and Depth Adjustable Arms (AA2D)



Height and Foldaway Adjustable Arms (AF)



Multi-Functional Adjustable Arms (AMF)

#### PHYSIOTHERAPIST APPROVED

Gilly Fairhurst - BSC (hons) Physiotherapy, Member of APOCHE, Level 1 DSE Training.

"Working in partnership to address posture issues and provide positive preventative and corrective solutions.



#### 9. Adjustable Arms











#### **ME150**

#### **Upholstered Back**

Fully Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Twin Seat Slide 125mm.



ME150HR

#### **Upholstered Back** With Headrest

Fully Upholstered Back. Upholstered Headrest. Flex-Front Seat. Inflatable Lumbar Support. Twin Seat Slide 125mm.

Extra High Moulded Back. Flex-Front Seat. Inflatable Lumbar Support.

**ME450** 

Extra High Back

Twin Seat Slide 125mm.

Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Twin Seat Slide 125mm.

**ME550** 

Mesh Back



#### ME550HR

Mesh Back With Headrest

Mesh Back. Upholstered Headrest. Flex-Front Seat. Adjustable Lumbar Support. Twin Seat Slide 125mm.

SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 600mm BW: 450mm	SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 600mm BW: 450mm HR: 175 x 300mm	SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 710 - 780mm BW: 500mm	SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 590mm BW: 450mm	SH: 490 - 590mm SW: 490mm SD: 420 - 545mm BH: 520 - 590mm BW: 450mm HR: 175 x 300mm
RRP Group 1: £389	RRP Group 1: £449	RRP Group 1: £359	RRP Group 1: £389	RRP Group 1: £449
RRP Group 2: £402	RRP Group 2: £462	RRP Group 2: £368	RRP Group 2: £398	RRP Group 2: £458
RRP Group 3: £414	RRP Group 3: £474	RRP Group 3: £375	RRP Group 3: £405	RRP Group 3: £465
RRP Group 4: £430	RRP Group 4: £490	RRP Group 4: £385	RRP Group 4: £415	RRP Group 4: £475
RRP Group 5: £451	RRP Group 5: £511	RRP Group 5: £401	RRP Group 5: £431	RRP Group 5: £491
RRP Group 6: £483	RRP Group 6: £543	RRP Group 6: £411	RRP Group 6: £441	RRP Group 6: £501

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

#### **Select Your Arms**

#### **Select Your Extras**

Although pictured above with arms, all models are despatched with no arms as standard.		The extras below are compatible with all models in the range unless otherwise stated.			
Code	Description	RRP	Code	Description	RRP
/AA1D	Height adjustable arms	£39	/PF	Performance foam seat	£18
/AA2D	Height and depth adjustable arms	£45	/ASC	Air-Flo seat cell - for pressure sensitive movement	£42
/AF	Height and foldaway arms	£60	/cc	Coccyx zone	£18
/AMF	Multi-functional arms	£65	/AB	Polished base	£42

#### *KIQUE* in its design.

The only chair with a backrest that is positioned <u>on</u> the rear of the seat in its smallest configuration, designed to support petite users. Lift the backrest for an additional 80mm of height and extend the set by 125mm using the twin seat slide to fit the chair to the widest range of users.

#### **Select Your Delivery**

NEW Please select how you would like your product to be delivered

Code	Description	Price
	Free Delivery - NOT time specific (To Dealer address)	Included in price
/DEL1	Boxed Delivery - NOT time specific (Delivered direct to end user)	£18
/DEL2	Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)	£25
/DEL3	Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)	£35



#### At one with ergonomics.

The ergoFIXSolo range is a unique and modern solution to everyday ergonomics that redefines comfort, support and adjustability.

Taking inspiration from the movement of the body, the unique ergoFIXSolo back was sculpted with sleek lines and sumptuous curves to mould to the shape of the spine and reinforce positive posture.

Long bouts of sitting can cause significant spinal issues over time, speeding up the wear and tear process of your spinal discs as well as increasing the risk of daily back and neck pain.

Approved and endorsed by a certified Physiotherapist, the ergoFIXSolo range exceeds this criteria and offers support to the spine where it needs it most.



#### Available Models



SL102



SL152



SL104



SL154

#### Specification Overview

Synchronised mechanism Adjustable body tension control Seat angle adjustment Seat slide - 75mm travel Independent backrest angle adjustment Ratchet back height adjustment Flex-front posture seat Inflatable lumbar support Ergo-density foam



SL202



SL252



SL204



SL254

#### Features

Fully upholstered tri-curved backrest

Lumbar support control pump

Choice of two ergonomic adjustable backrests

ergo**FIX**Solo

Ratchet backrest height adjustment

Posture seat with moulded cushion & ergo-density foam

Synchronised adjustment 2:1 ratio with anti-shock release

Independent back angle

adjustment

Body weight tension control

Seat height adjustment

Seat angle adjustment















360° Swivel

Seat Height

Back Angle

Seat Angle

Angle Seat Depth

n Lumbar Support Arm Adjustment



#### 1. Headrest (HR)

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.



#### 2. Inflatable Thoracic Support (ITC)

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.



#### 3. Inflatable Lumbar Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.



#### 4. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



#### 5. Air-Flo Seat Cell (ASC)

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce Sciatic pain.



#### 6. Performance Seat Foam (PF)

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.



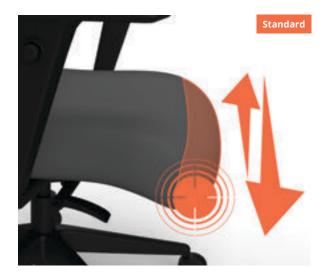
#### 7. Seat Slide

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.



#### 8. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



#### 9. Flex-Front Seat

Proven medical scanning has been used to show that using the forward tilt motion can lead to increased muscle activity in the stomach, hip and back areas.

This enables segments of the lower spine to be set in motion, dynamically promoting good posture and healthy circulation.

#### V PHYSIOTHERAPIST APPROVED

**Gilly Fairhurst** - BSC (hons) Physiotherapy, Member of APOCHE, Level 1 DSE Training.

"Working in partnership to address posture issues and provide positive preventative and corrective solutions."









SL102

High Back With 2D Arms

High Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm

 RRP Group 1: £489

 RRP Group 2: £503

 RRP Group 3: £515

 RRP Group 4: £527

 RRP Group 5: £552

 RRP Group 6: £583



SL152

High Back With 2D Arms & Headrest

High Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm HR: 175 x 300m RRP Group 1: £565 RRP Group 2: £579 RRP Group 2: £579 RRP Group 3: £591 RRP Group 4: £607 RRP Group 5: £628



SL104

High Back With 4D Arms

High Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm

 RRP Group 1:
 £509

 RRP Group 2:
 £523

 RRP Group 3:
 £535

 RRP Group 4:
 £547

 RRP Group 5:
 £572

 RRP Group 6:
 £603



#### SL154

High Back With 4D Arms & Headrest

High Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 580 - 660mm BW: 450mm HR: 175 x 300m

 RRP Group 1:
 £585

 RRP Group 2:
 £599

 RRP Group 3:
 £611

 RRP Group 4:
 £627

 RRP Group 5:
 £648

 RRP Group 6:
 £679

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

#### Select Your Extras

The extras below are compatible with all models in the range unless otherwise stated.

Code	Description	RRP
/PF	Performance foam seat	£18
/ASC	Air-Flo seat cell - for pressure sensitive movement	£42
/cc	Coccyx zone	£18
/АВ	Polished base	£42



SL202

Medium Back With 2D Arms

Medium Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm

 RRP Group 1: £465

 RRP Group 2: £479

 RRP Group 3: £491

 RRP Group 4: £507

 RRP Group 5: £528

 RRP Group 6: £559



SL252

Medium Back With 2D Arms & Headrest

Medium Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

SH: 480 - 590mm
SW: 500mm
SD: 470 - 545mm
BH: 420 - 500mm
BW: 450mm
HR: 175 × 300m
RRP Group 1: £545
RRP Group 2: £559
RRP Group 2: £559
RRP Group 3: £571
RRP Group 4: £587
RRP Group 5: £608
RRP Group 6: £639



SL204

Medium Back With 4D Arms

Medium Upholstered Back. Flex-Front Seat. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm

 RRP Group 1:
 £489

 RRP Group 2:
 £503

 RRP Group 3:
 £515

 RRP Group 4:
 £527

 RRP Group 5:
 £552

 RRP Group 6:
 £583



#### SL254

Medium Back With 4D Arms & Headrest

Medium Upholstered Back. Flex-Front Seat. Upholstered Headrest. Inflatable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 480 - 590mm SW: 500mm SD: 470 - 545mm BH: 420 - 500mm BW: 450mm HR: 175 x 300m

 RRP Group 1:
 £565

 RRP Group 2:
 £579

 RRP Group 3:
 £591

 RRP Group 4:
 £607

 RRP Group 5:
 £626

 RRP Group 6:
 £659

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

#### **Select Your Delivery**

NEW! Please select how you would like your product to be delivered				
Code	Description	Price		
	Free Delivery - NOT time specific (To Dealer address)	Included in price		
/DEL1	Boxed Delivery - NOT time specific (Delivered direct to end user)	£18		
/DEL2	Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)	£25		
/DEL3	Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)	£35		



#### In sync with every body.

The ergoFIXNeon range has been engineered to dynamically adapt and respond to the user of the chair.

Easy to use simplistic controls and self balancing movement allows the user to achieve ultimate comfort in minimal time.

Ergonomic credentials allow for posture support whilst still being easy on the eye.

Modern manufacturing technology enables ergoFIXNeon to lead the line in the Posture Task chair market.

ergoFIXNeon has fast become the chair of choice for many projects and clients.



#### Available Models



NN100



NN102



NN104

#### Specification Overview

Spine-shaped fixed height back rest Integrated height adjustable lumbar panel Seat slide - 75mm travel Synchronised body responsive mechanism Automatic weight tension control Seat height adjustment Flex-front posture seat Ergo-density foam

#### Features

### ergo**FIX**Neon

Fixed height posture curved ergo-mesh backrest

Weight activated movement

Posture seat with moulded cushion & ergo-density foam

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Synchronised adjustment 2:1 ratio with anti-shock release

Four position lockable tilt with anti-shock release

> Seat height adjustment

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360° Swivel

Seat Height

Back Angle

Seat Angle

Seat Depth

Lumbar Support

Arm Adjustment



#### 1. Ergo-Mesh Back

The curved ergo-mesh back is strong, well structured and has been designed to be self supporting to eradicate the problem of sagging over time.



#### 2. Adjustable Lumbar Support

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.



#### 3. Coccyx Zone (CC)

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.



#### 4. Air-Flo Seat Cell (ASC)

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce Sciatic pain.



#### 5. Performance Seat Foam (PF)

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.



#### 6. Polished Base (AB)

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.

9. Adjustable Arms



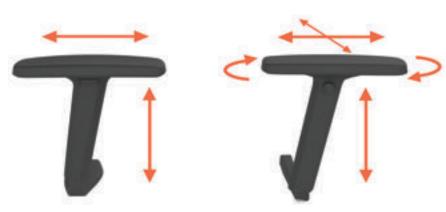
#### 7. Seat Slide

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.

## Standard

#### 8. Flex-Front Seat

Proven medical scanning has been used to show that using the forward tilt motion can lead to increased muscle activity in the stomach, hip and back areas.



Height and Depth Adjustable Arms (AA2D)

Height, Width, Depth and Twist Adjustable Arms (AMF)

#### PHYSIOTHERAPIST APPROVED

Gilly Fairhurst - BSC (hons) Physiotherapy, Member of APOCHE, Level 1 DSE Training.

"Working in partnership to address posture issues and provide positive preventative and corrective solutions."











#### NN100

#### **High Mesh Back**

High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm.

> SH: 470 - 570mm SW: 500mm SD: 460 - 535mm BH: 540mm BW: 450mm

 RRP Group 1:
 £349

 RRP Group 2:
 £358

 RRP Group 3:
 £365

 RRP Group 4:
 £375

 RRP Group 5:
 £391

 RRP Group 6:
 £401



#### NN102

#### High Mesh Back With 2D Arms

High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm. Height & Depth Adjustable Arms.

SH: 470 - 570mm				
SW: 500mm				
SD: 460 - 535mm				
BH: 540mm				
BW: 450mm				
RRP Group 1: £379				
RRP Group 2: £388				
RRP Group 3: £395				
RRP Group 4: £405				
RRP Group 5: £421				



#### NN104

High Mesh Back With 4D Arms

High Black Mesh Back. Flex-Front Seat. Adjustable Lumbar Support. Seat Slide 75mm. Multi-Functional Arms.

> SH: 470 - 570mm SW: 500mm SD: 460 - 535mm BH: 540mm BW: 450mm

RRP Group 1: £399 RRP Group 2: £408 RRP Group 3: £415 RRP Group 4: £425 RRP Group 5: £441 RRP Group 6: £451

SH: Seat Height - SW: Seat Width - SD: Seat Depth - BH: Back Height - BW: Back Width - HR: Headrest

RRP Group 6: £431

#### **Select Your Extras**

The extras below are compatible with all models in the range unless otherwise stated.

Code	Description	RRP
/PF	Performance foam seat	£18
/ASC	Air-Flo seat cell - for pressure sensitive movement	£42
/cc	Coccyx zone	£18
/AB	Polished base	£42

#### **Select Your Delivery**

YEW! Please select how you would like your product to be delivered

Code	Description	Price
	Free Delivery - NOT time specific (To Dealer address)	Included in price
/DEL1	Boxed Delivery - NOT time specific (Delivered direct to end user)	£18
/DEL2	Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)	£25
/DEL3	Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)	£35

## Adaptable seating is becoming more important within the home and office environment

Chairs with complex controls can be difficult to adjust, meaning we rarely get the best support possible.

ergoFIXNeon solves this problem.

Simplistic controls located on one side of the mechanism make this chair easy to use and simple to adapt, ensuring quick adjustment to suit a wide range of body types.

The body responsive mechanism has been developed to put the user in full control of their chair, enabling them to work in a dynamic free float mode or lock the chair into a position that is comfortable for them.

### ergoFIXAccessories

#### Enhancing ergonomics.

.....

ergoFIXAccessories are a simple range of complementary ergonomic products.

They are designed to offer new thinking towards back health, personalised and enhanced user support and comfort levels.

Our NEW Sit-Stand Stools are ideal for the rapidly growing market of height adjustable desking. Whether it be in home or office settings, their compact design and simple adjustability adds a new dimension for consideration.

Our external support cushions for both seats and backrests are based on our popular reactive air-cells, already successfully used within our chair ranges and now even more adaptable.

Our adjustable leg rests are brochure included as a result of increased popularity, a simple and adjustable enhancement for specific user support.

#### Available Models



SSR100/W



SSR100/B



SSR100/R





ESC100

不



LS100

LD100

ELS100



#### Swing, Sway, Rise.

The Sit-Stand stool is lightweight and portable.

Users can move from a sitting to stood position with the press of a button located on either side of the under-seat.

Complete with a wipe clean vinyl seat covering, the Sit-Stand stool is a hygienic, anti-microbial solution for any office or home environment.

It's simple height adjustment, swivel seat and weight counter-balancing technology makes the Sit-Stand stool a must have in today's dynamic, ergonomic workspace.



#### SSR100/W

Sit-Stand Stool White

Upholstered Seat. Comfort Foam. White Frame. Twin Height Adjustment. Black Rubber Base.

> SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

 RRP Group 1:
 £215

 RRP Group 2:
 £225

 RRP Group 3:
 £231

 RRP Group 4:
 £241

 RRP Group 5:
 £257

 RRP Group 6:
 £267





#### SSR100/B

Sit-Stand Stool Black

Upholstered Seat. Comfort Foam. Black Frame. Twin Height Adjustment. Black Rubber Base.

> SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

RRP Group 1: £215

RRP Group 2: £225

RRP Group 3: £231

RRP Group 4: £241

RRP Group 5: £257

RRP Group 6: £267

#### SSR100/R

Sit-Stand Stool Red

Upholstered Seat. Comfort Foam. Red Frame. Twin Height Adjustment. Black Rubber Base.

> SH: 540 - 750mm SW: 380mm SD: 250mm SR: 360° R: +/- 20°

 RRP Group 1: £215

 RRP Group 2: £225

 RRP Group 3: £231

 RRP Group 4: £241

 RRP Group 5: £257

 RRP Group 6: £267

SH: Seat Height - SW: Seat Width - SD: Seat Depth - SR: Seat Rotation - R: Rocking

#### **Select Your Delivery**

NEW! Please select h	ow you would like your product to be delivered	
Code	Description	Price
	Free Delivery - NOT time specific (To Dealer address)	Included in price
/DEL1	Boxed Delivery - NOT time specific (Delivered direct to end user)	£18
/DEL2	Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)	£25
/DEL3	Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)	£35









#### **ELS100**

Ergonomic Lumbar Support

Adjustable Clip Strap. Inflation Valve. Deflation Valve. Black Mesh Finish. Fits Most Chairs.

> Height: 150mm Width: 380mm Depth: 40mm

> > RRP: £85

#### ESC100

Ergonomic Seat Cushion

Ergonomic Profile. Coccyx Zone. Inflation / Deflation Valve. Black Mesh Finish. Fits Most Chairs.

> Height: 50mm Width: 500mm Depth: 340mm

> > RRP: £85

#### LS100

Single Leg Rest

Black Upholstered Leg Rest. Contoured Comfort Foam. Height Adjustable. Angle Adjustable. Black 5-Star Base & Castors.

Rest Height: 390 - 480mm Rest Width: 255mm Rest Depth: 455mm

RRP: £149

#### LD100

Double Leg Rest

Black Upholstered Leg Rest. Contoured Comfort Foam. Height Adjustable. Angle Adjustable. Black 5-Star Base & Castors.

Rest Height: 390 - 480mm Rest Width: 450mm Rest Depth: 455mm

RRP: £169

#### **Select Your Delivery**

NEW! Please select h	ow you would like your product to be delivered	
Code	Description	Price
	Free Delivery - NOT time specific (To Dealer address)	Included in price
/DEL1	Boxed Delivery - NOT time specific (Delivered direct to end user)	£18
/DEL2	Boxed Delivery - Pre Booked / Text Alert (Delivered direct to end user)	£25
/DEL3	Boxed Delivery - Pre Booked / Text Alert / Chair Build / Waste Removal (Delivered direct to end user)	£35

#### Mobilising Comfort

Using a retro-fitted Ergo Seat Cushion and / or Ergo Lumbar Support enables you to quickly and easily make your car seat, home and work office chair more comfortable.

Simple to adjust and easy to transport for inflatable support on the move.

#### **Elevation and Support**

Perfect for injury recovery and to help manage physical limitations.

Our Leg Rests are height and angle adjustable and will comfortably support one or both legs at your preferred height.

Helping to achieve comfortable alignment with your hips and knees which in turn decreases pressure on the spine and reduces fatigue.



#### Guarantee

For 8 hour per day use all models carry a full 5 year structural guarantee with 2 years on moving parts and upholstery.

For 24 hour per day use a 2 year structural guarantee applies.

These guarantees exclude unfair wear and tear and damage or failure caused by misuse

All gas lifts are suitable for users up to 150 kg.



#### **Specification**

We have taken great care to ensure that all details, descriptions, measurements and prices in this Product Guide are correct. In order to give you the most accurate representation of our products, we have used colour swatches that have been provided directly from our fabric suppliers. Although every care has been taken to ensure that dimensions are accurate, manufacturing characteristics may vary slightly.

MDK Office Seating reserve the right to make any reasonable changes to specification or design as part of our continual improvement policy.



#### Bondai FR Domestic Rated & Fire Safe,

Classic Crepe Weave
 100% Polyester
 OEKO-TEX Standard 100 Certified
 High Durability Performance - 150,000 rubs
 EN1021-1&2 Cigarette & Match
 ES 7176 Low Hazard
 BS 5852 Ignition Source 5 / Crib 5
 BS 7176 Medium Hazard

#### Did You Know

There are **34** colours available in the Inloom Bondai FR range? Please note that this will be charged at Group 2 pricing.

			6006	6011	6003
			6071	6016	6015
	8033		7026	7008	6098
1005	7032	7021	7048	7029	7041
1001	4004	4037	3012	3005	3013
1008	4007	4011	4017	5096	5004
2020	8004	8078	8010	8013	2036

#### Seating Assessment & Measurement Form

#### Don't Forget, you'll need: A Pen A Note Pad A Tape Measure / Ruler

Date :
Company Name :
Contact Name :
Contact E-Mail :
Contact Tel:

#### General Information

Please provide any information which might be relevant e.g. Medical / Musculoskeletal conditions, back pain, spinal surgery.

Please describe any areas where you experience pain whilst seated i.e. back, legs, hips, buttocks, shoulders, arms neck etc. and what helps to relieve pain.



#### Current Chair

Briefly describe any issues with current chair.

•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

#### Dimensions

Weight (KG) :	 
Height (Feet / Inches) :	 

Assessment Ref : .....

Chair User Details :



1. Desk height :	(mm)	Do you require arms?	Yes / No		
2. Hip width (at widest point) :	(mm)		Rectangle		
3. Back of buttock to back of knee :	(mm)	Desk Shape :	Corner		
4. Seat to shoulder :	(mm)		Wave		
5. Back of knee to Heel :	(mm)	Floor Type :			
6. Seat to underside of elbow :	(mm)				
7. Lumbar position (seat to middle of lumbar) :	(mm)	Work Surface Height : (If using a height adjustable desk, what is the optimal working height)			
8. Seat to nape of neck (required for headrest) :	(mm)	what is the optimat working height/			



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